

# Let's Build a Sustainable Future Together

## The SustainableLedger

Your business, our planet:  
leading the change together.



At [The SustainableLedger](#), we've started using the [One Planet Living](#)® (OPL) framework to guide our own sustainability journey and help other small businesses do the same.

It began with a simple idea: What if we could show how business can be part of delivering community-wide sustainability outcomes? Not just in theory, but in practice. By linking their goals and actions to shared outcomes for our region like a thriving circular economy, healthy land, and low-carbon local living.

We created a mindmap using the 10 OPL principles as a guide. From there, we developed our first One Planet Action Plan, a living document that outlines the outcomes we want to achieve, actions we're taking, and indicators we'll use to track progress. Every action connects back to the [HelloSustainability™](#) program we're building, with tools and templates for others to adapt and use.



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Our plan isn't perfect and it's certainly not final. But it's a starting point.

We're also exploring how to help other businesses get started with OPL. Take our fictional café Harvest Haven: we used the OPL framework to create 10 high-level sustainability outcomes tailored to their operations. Each outcome ties back to broader ecosystem goals; from supporting local growers and reducing landfill waste, to improving community health through good food and connection, and contributing to local initiatives like the Mary's Mount pilot. The OPL framework can also complement other tools you might be using. It's not about replacing your current systems, but enhancing them with a sustainability lens.

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HARVEST HAVEN

 MINDMAP



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### OUTCOME

Name ▾	Details	Outcome	Lens Category ▾
Reduce emissions and track energy use	Energy use is minimised and comes from renewable sources where possible, with tracking tools to measure progress.	Zero carbon energy	
Design for minimal waste and active reuse	Waste is actively monitored and reduced — through source separation, composting, donation, and re-use systems.	Zero waste	
Choose sustainable packaging and fitout	Café uses sustainable packaging, reusable or recyclable products, and avoids unnecessary single-use items.	Materials and products	
Reduce transport-related emissions	Staff and suppliers are encouraged to use sustainable transport where feasible; deliveries are planned efficiently.	Travel and transport	
Offer sustainable, seasonal menu options	Menus prioritise local, seasonal, and lower-impact ingredients with plant-rich options and waste minimisation.	Local and sustainable food	
Minimise water footprint in operations	operations Water is used efficiently and responsibly through low-flow fixtures, rainwater capture (where viable), and behavioural practices.	Sustainable water	
Support healthy local ecosystems	Gardens, food waste composting, and tree-planting contributions support healthy land and thriving nature.	Land and nature	
Act as a community hub	The café acts as a community hub, sharing local stories, hosting events, and celebrating the region's heritage and produce.	Culture and community	
Prioritise local jobs and suppliers	The café supports local producers and suppliers, keeping money in the local economy and creating meaningful local jobs.	Equity and local economy	
Foster wellbeing for staff and customers	Staff and customers experience wellbeing through a welcoming, inclusive space and healthy menu choices.	Health and happiness	

These efforts help support our local Goulburn Mulwaree community and feed into broader initiatives like the Marys Mount pilot. The goal? A practical, flexible way for businesses to align their everyday decisions with a more sustainable future for our region.

Want to try OPL for your business? We'd love to help.

Let's build a one planet region, one action plan at a time.



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